



*With the Blessings of
Paramhansa Parivra:jaka*
**SRI SRI SRI TRIDANDI CHINNA SRIMANNARAYANA
RAMANUJA JEEYAR SWAMIJI**
'VIKASATARANGINI'
presents this chart on the occasion of
"GEETHA JYOTHI"
Self-Evaluation Chart-1



PERSONALITY DEVELOPMENT CHART

Education and wisdom distinguish human beings from animals. A human being without education is a funny animal. It is said in the scriptures "**Jna:ne:na hi:nah pasubhis sama:naha**". This is often quoted to encourage human kind to pursue education and knowledge. Learning a few words does not make you literate or intellectual, yet these so called educated human beings insult nature that gives us our daily bread.

They destroy nature and move towards self destruction. Is this mankind's greatness? All animals respect nature and follow natural laws. They indulge in sensual pleasure for procreation and not for entertainment. They toil hard and are content with whatever they get. Living beings live with no desires and live life as it comes. But human being is strikingly different in this respect. He loves all pleasurable things and does not like to toil and is a slave of the senses. With perverted intelligence, humans flaunt all natural laws, using his body and nature only for entertainment and pleasure. There are no limits to avarice. Wants are insatiable. For pleasure a man would torture anyone, and in the face of opposition gets ready for suppression. Should our learning be put to such use? Is the fight for supremacy the objective of our learning and wisdom? Are human weaknesses the standard of greatness? Is this succumbing to several desires and goals of our education? Should our lifetime be burnt to ashes in flames of 'desire', 'want' and aimless wandering?

NO! NO!! NO!!!.....

PERSONALITY DEVELOPMENT CHART

This chart has been prescribed by Lord Sri Krishna in the Bhagavat Geeta for the benefit of mankind for attaining glorious living. This chart for practice has been prescribed in slokas 7 to 11 of the 13th chapter. Lord Krishna reveals the esoteric secrets contained in the Vedas. This is available for all. The Chart can be practised easily and can yield unending benefits. It will pull you out of blind living. This is truth. This is glorious. This chart will bring you enlightenment and a sense of joyous living. Everyone has a right to reach this height. There is no bar on anyone. Only the desire to achieve is needed.

Lord Krishna will be with you. Will provide you with all the necessary energy. Will remove all difficulties. We will let our education bloom and spread the fragrance of learning. We will shun our weaknesses. We will welcome a divine and joyous world. Come unite and together we shall receive divine joy and enter a glorious world. We shall distribute this joy to all. Let's enhance this inheritance. All you have to do is read the chart carefully once. Do you think all days of the month are represented here? Are you opening your doors of wisdom? There are 25 questions for your benefit. Benefit is proportional. Do not worry if you are not able to answer all questions. Do not bother about what others say. This for yourself. Should I tell you what you should do now? You have to read the chart thoroughly.

If the answers are 'yes' to the question, mark "OM", against that question under the particular date. If not mark "X". You should do this before you go to sleep and without the notice of anyone. Be frank in answering. Do not discuss with others. Add all "Oms". **If the "Oms" exceed 14, you are moving towards the right path. If they exceed 17, you are on the right path. If "Oms" exceed 20 it means you are an example to others. This chart filling must be a part of your daily routine. As you get up from bed read it once and keep it away from others. Try to adopt these methods. In the night leisurely assess yourself. Fill in the chart, but do not give it to anybody. If anybody needs it, give them a blank copy or write to you nearest Vikasatarangini Center or to JET, Sitanagaram, Guntur Dist 522501 for fresh charts, you will get them by return of post.**

Each chart is spread over four months. You will be astonished by the remarkable change in you. Joyous living begins, if you do not have objections, we are ready to enhance your joy and share it. Your suggestions are welcome!!!!.....

THIS CHART IS BROUGHT TO YOU ON THE OCCASION OF GI:THA JYOTHI.

INDICATORS	DESCRIPTION
Ama:nithvam	1. I Am not disrespecting my parents and elders out of arrogance derived from?
	i.Education
	ii.Wealth
	iii.Power
iv.Family Lineage	
Adambhithvam	2. I Am not putting up a pretence expecting praise or benefit from others?
Ahimsa	3. Am I not hurting others?
	i. Physically
	ii. Verbally
iii. Mentally	
Ksha:nthi	4. I Am not vengeful towards people who hurt me?
A:rjavam	5. Am I synchronising my thoughts/actions/words?
A:cha:ryo:pa:sanam	6. Am I grateful towards my teachers and elders who enunciated me in the worldly ways?
	7. Am I worshipping my Acharyas who initiated me into spiritual awakening?
Soucham	8. Is my heart / thought free from evil attitudes?
	9. I Am not twisting my tongue nor carrying tales?
	10. Do I prefer <i>satwik food</i> to keep my body and mind emotionally controlled?
	11. A. I Am not greedy for what is not intended for me?
	b. I Am not extravagant and covetous?
Sthairyam	12. I am steadfast in following the rules ordained by Guru and Shastras despite hurdles.
A:thmavinigraha	13. a. I am able to develop positive attitude for every event and activity.
	b. Am I able to feel that all my deeds are a way of serving the God?
Indriya:rdhe:shu vairagyam	14. a. Am I able to realise that gratifying senses is not the only ultimate purpose of life?
	b. Do I keep gratifying senses at a low profile?
Anahanka:raha	15. a. Am I able to realise that the physical relations are transitory and not permanent?
	b. Am I able to detach myself from excessive feelings towards kin and kith?
Janma mrithyu jara: vyadhi dukkha doshanudarsanam	16. I Am not hooked up too much to my body which is prone to changes (birth, growth, pains & panic, disease and death)?
Asakthi	17. Am I away from evil thought and deeds which hinder our spiritual pursuits?
Putrada:ra:gruha:dishu anabhiswanga	18. I Am not over longing for earthly relations such as spouse, children, property, business and power?
Ishta:nishto:pa paththishu nithyancha samachithvam	19. Am I stable and undisturbed while facing
	a. good or bad
	b. loss of favourable things
	c. approach of scary things
	d. approach of attractive things
e. relief from scary situations	
Mahi: cha ananya:yo:ge:na bhakthihi avyabhicharini	20. a. Am I able to develop unpolluted and unswerving faith in Lord Krishna as my eternal companion?
	b. I am not making any deal with God, for Lord Krishna knows everything about me and he always gives me what I deserve.
Vivikthade:sa se:vithvam	21. a. I am able to design my surroundings with divine scenery and inspiring pictures
	b. Am I able to maintain the company of great people who inspire divine thoughts on Lord Krishna in me?
	c. Am I able to establish at least a few moments of communion with Lord Krishna?
22. Am I able to avoid the company of people with bad habits and addictions which distract me from Lord Krishna?	
Arathihi jana:samsadhi	23. Am I able to avoid company of mean people or people who distract me from the divine path?
Adhya:thma:gja:na nithyathvam	24. Am I able to persuade myself consciously to concentrate on the soul and its nature to subserve Lord Krishna?
Thaththva:gja:na:rttha chinthanam	25. Am I able to realise the true knowledge of the three universal realities : the nature, the soul and Supreme Soul?

Jai Srimannarayana !

Parama:thma is present in every atom of this universe. His holy body illuminates this universe. The world has been divided into four parts. These parts are living beings/de:vathas/trees, mountains & other natural resources. Even in you, this Universal Body is present. As you regard your body so does God love this Universal Body.

As your body organs work for each other, you also who form part of this body should work for the well being of the other parts. This will make the Universal Body of the Lord happy. Service to all living beings should be part of Madhava seva, or service to God. As you do not regard or disgrace your body, so also do not disregard people around you or in society. If you see bad in others, feel sorry for them. As your body is truth, likewise even the smallest part in this universe is truth. If you can realise the beauty of nature, only then, you can perceive the beauty of the parama:thma and the Universal Body. If you relish the beauty bestowed by nature, divine love will blossom. This divine love will bring forth happiness and will overflow. It will replenish itself as you distribute this divine happiness. Knowing this is knowledge.

This is the essence of the Ve:das. Saint Ramanuja brought out this truth from the Vedas. Belonging to the same lineage, our Jeeyar Swamiji brings us this message. As part of service to god through service to all living beings, Jeeyar Swamiji, with his holy blessings, has established Vikasatarangini. To achieve its objectives *Vikasatarangini* has enunciated six norms. These are-

1. **Promoting Righteous Living based on Philosophic Foundations.**
2. **Development of individual personality through appropriate means.**
3. **Spreading of the message of unity among different sections of society and religions.**
4. **Extending service to the Poor and Needy.**
5. **Protecting Plants and Animals.**
6. **Environmental Protection, Pollution Control.**

Our motto should be "*Svi:ya a:ra:dhana – Sarva a:darana*" which means worship one - respect all. All aspects described here form a part of the Bhagavat Geeta 13th chapter, slokas 7 to 11, as told by Lord Krishna.

ama:nithvam adambhithvam
ahimsa: ksha:nthira:rjavam |
a:cha:ryo:pa:sanam sowcham
stthairya ma:thma vinigrahaha || 13-7

indriya:rtthe:shu vaira:gyam
anahamka:ra e:va cha |
janma mruthyu jara: vya:dhi-
dukhhado:sha:nu darsanam || 13-8

askthi ranabhishvagaha
puthrada:ra gruha:dishu |
nithyam cha sama chiththathvam
ishtha:nishto:pa paththishu || 13-9

mayi cha:nanya yo:ge:na
bhakthi ravyabhi cha:rini: |
viviktha de:sa se:vithvam
arathir janasamsadi || 13-10

adhya:thma jna:na nithya thvam
thaththva jna:na:rttha chinthanam |
e:thath jna:na mithi pro:ktham
ajna:nam yadatho:nyattha: || 13-11



For Details contact:
Vikasatarangini,
c/o **JET**, Sitanagaram,
Guntur Dist 522 501

Phone (08645) 72929, Fax 0866 427474
Internet: www.chinnajeeyar.org
Email: jetsitanagarm@yahoo.com

Jai Srimannarayana !



*With the blessings of
Paramahansa parivra:jaka
HH SRI SRI SRI TRIDANDI CHINNA SRIMANNARAYANA
RAMANUJA JEEVAR SWAMIJI
'VIKASA TARANGANI'
Presents this chart on the occasion of
'GEETHA JYOTHI'
Self-evaluation chart-2*



**"I should get all virtues", "I should be free from all vice", "I should be praised by the entire world",
"Nobody should suffer because of me", "I should be loved by all",
"I should experience comforts & happiness in the company of all forever and should make them similarly joyful".**

But.....! How? How?? How???

What should be done to accomplish all these? This is what is yearned by all good-hearted human beings. Having acquired this human body, the main aim should be to identify these right means and to attain that realm of happiness by adhering to them.

Human body is like a fertile land. Whatever is desired can be harvested from it. However, whatever is reaped is not yours alone but has to be experienced by all your fellow beings, even if its objectionable / undesirable to them. If you reap good from it, then its savor and fragrance will provide glee to one and all and elevate you to the to the zeniths of highest respect and fame. But if you reap bad or remain unresponsive / indifferent even after detecting such a growth, the bad tastes and fetor resulting from it will create hatred and extreme aversion towards you amongst all those around you. This can be compared to the rapid growth of '**weeds**', which destroy the original good crop. Becoming unbearable, such a growth will leave you humiliated and condemned. It will further brand you as a demon, cause the destruction of the self and will push you to unfathomable depths.

Lot of effort is required in order to harvest good. One has to face lot of hardships. But finally, it will be a delight to get the good crop to hand. On the contrary, bad will grow even if it was not desired for. It will keep growing even as it is being removed. Its prevention will require an enormous effort.

Lord Sri Krishna has clearly elucidated in the 16th Chapter of Bhagavad-Gita about the means & efforts to realize these good results. The extent of success achieved through these means, will define the extent of your opulence to the entire world. This opulence is the wealth of **divine auspicious qualities**.

Come on...!! Let us develop and augment this wealth in us!!!!

What you have to do is to read the chart given here thoroughly. Try to reason and figure it out, whether your thoughts/actions are in unison with what is shown in this chart; Find out whether you are opening the welcoming doors of this divine wealth!! In total, **26 main qualities have been arranged into 36 pathways (questions)** for your convenience. Even a little achievement in this direction will bestow ever-lasting gains. Don't be dejected. Don't feel shy. Do not bother about what others say. This is purely for our own sake.

Now, shall we tell you, what to do!

You have read the chart thoroughly, right? If the answer to a question in the chart is yes, mark 'OM' against that particular question under that particular date. If not, mark 'X'. Fill this chart daily before going to bed in the night. Do not let others see it and do not discuss with others about it. Be sincere while filling it, as it's for your own betterment. Add all 'Oms'. **If the number of 'Oms' exceeds 20, then you are in the process of acquiring the divine wealth. If it's exceeding 26 then you have acquired the divine wealth. If the number exceeds 30, then you have inherited the sovereign kingdom of Lord's bliss.**

Do not forget that this is also an important aspect of your daily routine. Read it once, immediately after getting up from bed. Through out the day, try to follow your reading. In the night, leisurely assess yourself. Do not give this filled chart to anybody. If any interested person asks you, give them a blank copy or write to the nearest vikasa tarangini center or to '**vikasa tarangini**', C/o JET, Sitanagaram, Guntur dist – 522501 for fresh charts. You will get them by return through post. You can use one chart for one month. Try to follow this uninterruptedly for four months. You will be astonished by the remarkable change in you. If you do not have objections, we are ready to enhance your joy and share it. Your suggestions are welcome. Shall we start now?

'The Peerless pathway to divine wealth' – This chart is brought to you on the occasion of Geetha Jyothi

PATHWAYS TO

DIVINE QUALITIES

DESCRIPTION

Abhayam	1. For me (i.e., the soul), "only the Lord is the dearest one". So, a) Do I realize that I am above the materialistic likes & dislikes? b) Am I unmoved by the loss of objects dear to the body? 2. Can I face any physical calamity with fearlessness?
Sathva samsuddhihi	3. Do I have an aversion towards the unworthy materialistic pleasures? 4. I am not jealous of other's greatness. Right? 5. I am not cheating others. Right?
Jna:na yo:ga vyavasthithihi	6. The soul (i.e., me), which is full of knowledge, is devoid of any filth/dirt produced by the body. So, Do I feel that "I am pure" & thereby remain "undisturbed" when somebody throws dirt on me?
Da:nam	7. Am I able to distribute my possessions to deserving people without expecting anything in return?
Damaha	8. Is my mind turning away from the things, which are contrary to a righteous life? 9. Am I able to discern the defects in those unrighteous things?
Yajnaha	10. I am an instrument of Lord Sri Krishna. So, am I able to discharge all my duties in the spirit of dedication to Lord Sri Krishna?
Sva:dhya:yaha	11. Do I read at least for some time, the Upanishads, Sri Ramayana, Gita, Prabandhas, and the sacred works of great a:cha:rya:s & a:lwa:rs, which expound the path of righteous action?
Thapaha	12. Is my mind always contemplating on the good & divine things? 13. Do I take sa:thvic food, only in the required quantities & avoid excessive luxuries?
A:rjavam	14. Do I, a) Entertain only divine & sacred thoughts? b) Speak benevolent words? c) Act congenially, in accordance with my speech? 15. Are my thoughts, speech and action in sync with each other?
Ahimsa	16. I am not harming others even in my thoughts. Right? 17. I am not inflicting physical trouble to anybody. Right? 18. I am not criticizing anyone, without a proper reason. Right?
Sathyam	19. Do I convey words that are beneficial to others in an unbiased manner?
Akro:dhaha	20. Am I able to control my anger and abstain from hurting others?
Thya:gaha	21. Do I shun food items such as meat, onions, garlic, alcohol & other intakes that are against the intellect & knowledge?
Sa:nthihi	22. Are the vital organs like speech, legs, hands etc & sensory organs like tongue, eyes, and ears etc listening to my commands & obeying me?
Apaisunam	23. I am not maligning others behind their back & carrying tales from here to there. Right?
Bhu:tha daya	24. Is my heart responsive to the sufferings of my fellow beings?
Alo: lupthvam	25. I am not longing for the things that do not belong to me. Right?
Ma: rdavam	26. Do I have an inclination towards the company of the wise & devout people?
Hri:hi	27. Do I have a sense of shame towards the unworthy actions & thoughts?
Acha:palam	28. Is my mind staying unperturbed when it is confronted with tempting objects?
The:jaha	29. I am not eclipsed by the charming words of the wicked. Right?
Kshama:	30. Am I forgiving the mistakes of those who repent, with forbearance?
Dhruthihi	31. Am I strictly adhering to my goals, even under conditions of greatest calamity?
Soucham	32. Is my mind free from wicked thoughts? 33. Do I maintain physical purity with a proper bath, clean clothing & an appropriate spiritual mark on the forehead?
Adro:haha	34. I am not exploiting the weak and the innocent for my own advantage. Right?
Na:thima:nitha:	35. Am I free from the misplaced pride about my own greatness? 36. Am I free from the pride that would induce me to insult my superiors?

Jai Sri:man Na:ra: yana !

Parama:tma is present in every atom of this universe. His body illuminates this universe. The world has been divided into four parts. These parts are living beings/de:vatha:s/trees, mountains & other natural resources. Even in you, this universal body is present. As you regard your body, so does God love this universal body.

As your body organs work for each other, you also, for being the part of this body, should work for the well being of the other parts. This will make the universal body of the Lord happy. Service to all living beings should be part of Ma:dhava se:va or service to God. As you do not disregard or disgrace your body, so also do not disregard people around you or in society. If you see the bad in others, feel sorry for them. As your body is truth, likewise even the smallest part in this universe is truth. If you can realize the beauty of nature, only then you can perceive the beauty of the parama:tma and the universal body. If you relish the beauty bestowed by nature, divine love will blossom. This divine love will bring forth happiness and will overflow. It will replenish itself as you distribute this divine happiness. Knowing this is knowledge.

This is the essence of ve:da:s. Saint Ra:ma:nuja brought out this truth from the ve:da:s. Belonging to the same lineage, our Jeeyar swa:miji brings us this message. As part of service to God through service to all living beings, Jeeyar swa:miji with his holy blessings, has established vikasatarangini. To achieve its objectives vikasatarangini has enunciated six norms. These are:

1. Promoting righteous living based on philosophic foundations.
2. Development of individual personality through appropriate means.
3. Spreading the message of unity among different sections of society and religions.
4. Extending service to the poor and needy.
5. Protecting plants and animals.
6. Environmental protection & pollution control.

Our motto should be – “Svi:ya a:ra:dhana — sarva a:darana” which means worship one, respect all. All aspects described here form a part of the Bhagavad-Gita 16th chapter, slokas 1, 2, 3, as told by Lord Sri Krishna.

abhayam sathva samsuddhihi jna:na yo:ga vyavasthithihi |
da:nam damascha yagnascha sva:dhya: yas thapa a:rjavam || 16-1

ahimsa: sathyam akro:dhaha thya:gas sa:nthi rapaisunam |
daya: bhū:the:shwalo:lupthvam ma:rdavam hri:r acha:palam || 16-2

the:jah kshama: dhruthis soucham adro:ho: na:thima:nitha: |
bhavanthi sampadam daivi:m abhija:thasya bha:ratha! || 16-3

For Details contact:
Vikasatarangini,
C/o JET, Sitanagaram,
Guntur Dist 522501,

Phone: (08645) 72929, Fax 0866 427474
Internet: www.chinnajeeyar.org
Email: jetsitanagaram@yahoo.com



Jai Srimannarayana !